Peer-Coaching Canvas

The purpose of peer coaching is to establish a mutual support relationship with a trusted colleague to share progress/challenges and find new solutions together.

COMMITMENTS

And now, how do you specifically wish to move forward? What obstacles might arise - and how will you overcome them? With whom could you collaborate - and how? Do you need assistance or other resources - in what form? On a scale of 1 to 10, how confident are you that these activities will succeed? If you're at 6-7-8, what would help you reach 9 or 10?

OPTIONS

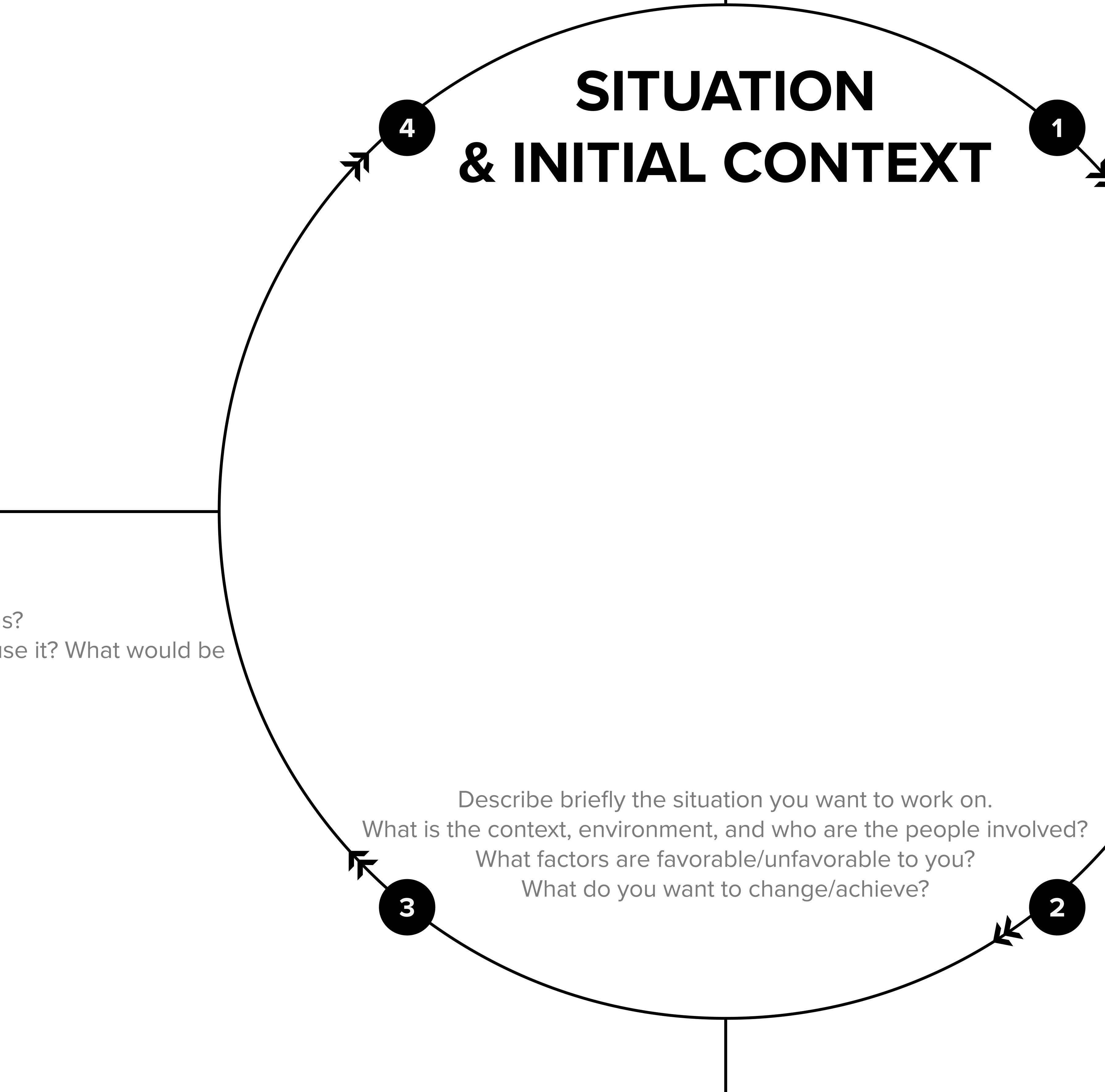
What are the options/opportunities you see?

What are the advantages/disadvantages of each of these options? If you had a magic wand to solve this situation, how would you use it? What would be an ideal solution for you?

What do you need regarding this?







SUSTAINABLE TEAMS: 18 DRIVERS FOR HIGH-PERFORMANCE TEAMWORK

The 18 drivers for high-performance teamwork are derived from the book "Sustainable Teams". For a comprehensive description, please visit www.actitudes.ch/en

NAME

OBJECTIVES

Overall Goal | Formulate your goal to make it SMART - Specific - Measurable - Achievable - Realistic - Time-bound Goal for this session | How can this session help you progress towards your end goal? What do you wish to have accomplished/clarified/defined/... by the end of this peer-coaching session? Are there any elements to prepare/share in advance to make this session more beneficial for you?

Describe briefly the situation you want to work on. What factors are favorable/unfavorable to you? What do you want to change/achieve?

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REALITY

What is happening specifically at the present moment? What have you attempted to do so far - with what results? What are your doubts/reflections at this stage? What is preventing you from taking action now (the obstacles)? What needs to happen to unlock this situation?